Dirty Spokes Productions 2014 Georgia State Park Trail Run Series Hard Labor Creek Course Cue Sheet

Both the Short and Long Course runners will start and proceed together the first 1.25-miles:

- From the parking lot, enter the ORANGE Trail
- After 30', turn RIGHT at the trailhead
- After .45-miles, turn RIGHT onto the PURPLE Trail
- Following the Purple arrows, when you reach the double-track road, turn LEFT, cross the culvert then turn LEFT to reenter the trail
- After 20', go straight ahead, continuing up the hill to the RED/BLUE Trailhead ~.3-miles away
- At the trailhead, turn RIGHT onto the BLUE Trail
- Go down the hill, cross the bridge and go .20-miles straight ahead to the double-track road and turn LEFT. At this point, the two courses split...rejoining later.

SHORT COURSE

- From the turn, cross the culvert and go STRAIGHT ahead up the double-track road
- After 100 meters, turn RIGHT onto the GREEN Trail
- Follow the Green arrows for ~1.5-miles to the double-track road
- Turn LEFT, reentering the PURPLE Trail, cross the culvert and turn RIGHT, flowing the Purple arrows
- After ~.2-miles, bear RIGHT and reenter the ORANGE Trail and proceed .55-miles to the parking lot FINISH line.

LONG COURSE

- From the turn, cross the culvert and turn LEFT, reentering the Blue Trail
- Follow the Blue arrows for ~4-miles to the double-track road and turn RIGHT
- After .3-miles, turn LEFT onto the GREEN Trail
- Follow the Green arrows for ~1.5-miles to the double-track road
- Turn LEFT, reentering the PURPLE Trail, cross the culvert and turn RIGHT, flowing the Purple arrows
- After ~.2-miles, bear RIGHT and reenter the ORANGE Trail and proceed .55-miles to the parking lot FINISH line.